



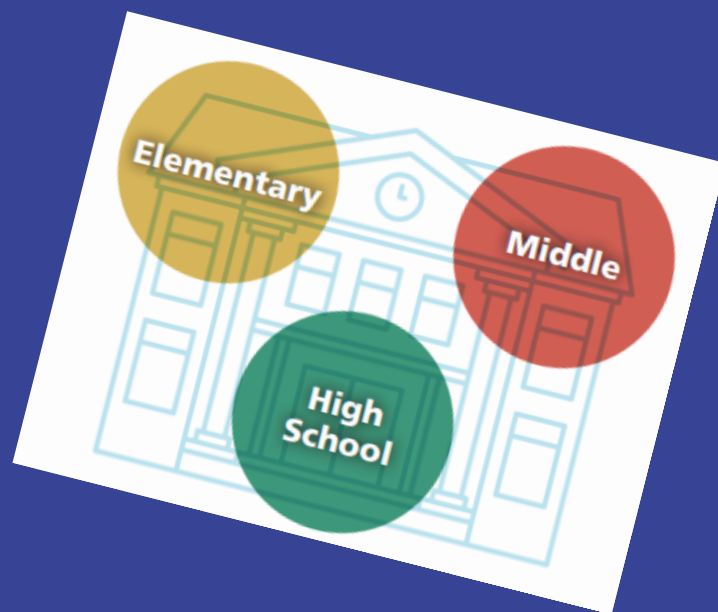
FERGUSON-FLORISSANT SCHOOL DISTRICT

School Counseling Department

School Counseling Program

The School Counseling program is an integral piece of the overall educational process. School Counselors provide a comprehensive program that supports students' academic, personal, social/emotional and career development. Growth and learning are developmental; therefore, guidance must be developmental and sequential. The need for guidance begins with pre-school entrance and continues throughout life.

The Comprehensive School Counseling Program is a K-12 developmental program that is concerned with all students while recognizing the fact that individuals have needs that will continue to require special attention. As a result, the comprehensive guidance program is for all students and becomes developmental rather than crisis-oriented.



What do Middle School Counselors Do?

Middle School Counselors work with students to address their career, personal, social, and educational needs and concerns. They provide students with expanded career awareness and career exploration activities to assist them in the development and utilization of short and long-range education and career plans.



Your School Counselor

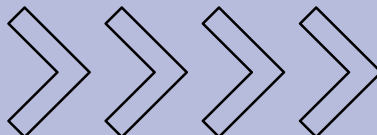
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My role as a school counselor is to improve student success by implementing a comprehensive school counseling program. Through my program I can help all students by supporting them in their social/emotional, academic and career development. I also help promote access and equity, participate in school leadership, and improve the school culture.

I believe all students can succeed when given the tools to do so. I advocate for students to get the support that they need. One thing that students need is at least one adult at school to whom they feel connected. I work hard to create positive relationships with my students by making sure they feel safe, heard, and understood.

Annual School Counseling Plan



Small Groups

We will offer 6-8 week small groups throughout the school year on the following topics: Anxiety & Depression, Communication & Coping Skills, Emotional Resilience; Grief & Loss, Social Skills; and Skills for Success. .



Please click the small groups tabs for information on referring your student

Outside Agencies

- CHADS Coalition
 - SOS (Signs of Suicide) Classroom Presentations
 - Social Emotional Well-Being Mentorship
- Great Circle Therapist Services
- Hazel Hearth Virtual Therapist Services
- Wyman
 - Teen Outreach Program

Resources:

[Who are School Counselors](#)

[ASCA - The Role of The School Counselor](#)

[ASCA - The Essential Role of Middle School Counselors](#)

[DESE Comprehensive School Counseling Program](#)

